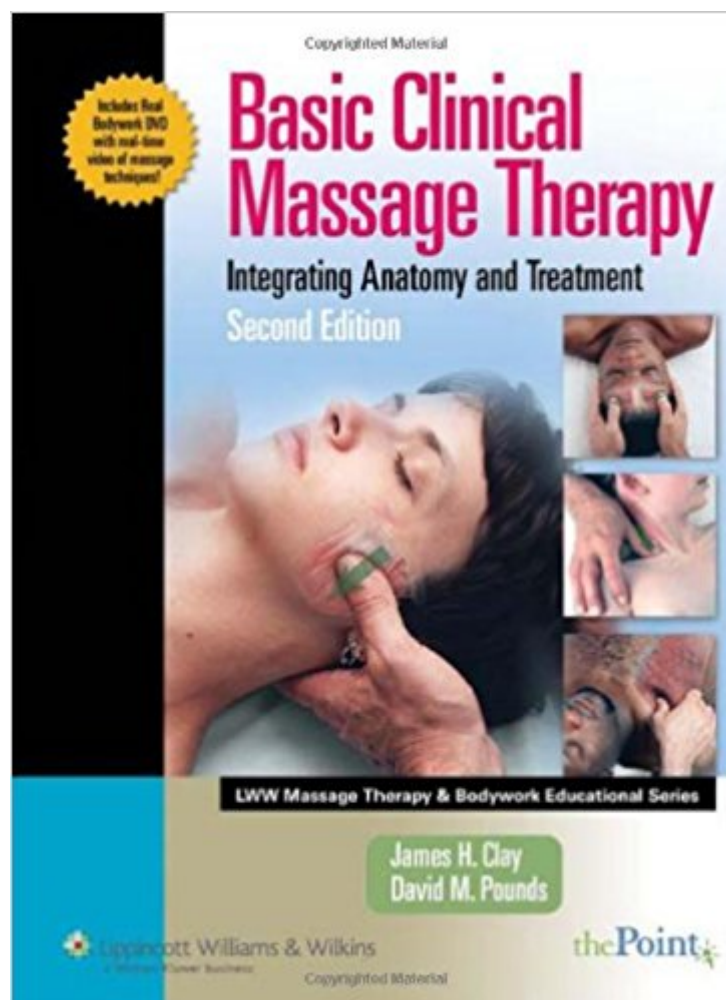




The book was found

Basic Clinical Massage Therapy: Integrating Anatomy And Treatment Second Edition (LWW Massage Therapy And Bodywork Educational Series)





Synopsis

This superbly illustrated text familiarizes students with individual muscles and muscle systems and demonstrates basic clinical massage therapy techniques. More than 550 full-color illustrations of internal structures are embedded into photographs of live models to show each muscle or muscle group, surrounding structures, surface landmarks, and the therapist's hands. Students see clearly which muscle is being worked, where it is, where it is attached, how it can be accessed manually, what problems it can cause, and how treatment techniques are performed. This edition features improved illustrations of draping and includes palpation for each muscle. An accompanying Real Bodywork DVD includes video demonstrations of massage techniques from the book.

Book Information

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Customer Reviews

This book is the best Introduction to massage therapy I Have found so far. The title says it all really; Basic Clinical Massage Therapy Integrating Anatomy and Treatment. The book is extremely practical and demystifies massage using its very functional integrated approach. If you want to become really good at massage this might be the only book you may ever need. I am in massage school and the techniques covered in this book very plainly and easy to understand is beyond the scope of many of the soon to be graduating students. Even if your just a layperson who wants to get good at massage this is the book for you, It maybe somewhat technical but the format makes it very easy to understand and apply. This Is my favorite anatomy book for massage also because of the

integration directly into application and very clear and easy to understand photos and illustrations. This book will give you an extremely solid base to use your own creativity or using other mediums to learn new techniques to work the same areas for example the use of forearms, elbows, massage tools, knees, feet. The book presents things in a basic easy to understand format but In reality they are covering many advanced techniques that work trigger points and traditional shiatsu points in a flowing method of application with out directly specifying the location of trigger points. The beauty is the simplicity of its presentation and only once moving on to more "advanced" learning materials such as trigger points will you realize how much you really learned from this book. My suggestion would be to get a foam roller, a ma roller, and one of those curved stick self massage tools along with the Trail guide to the body trigger point manual along with this book. The self massage tools can help you to understand how to properly apply many of the techniques covered in the book. This book is my favorite anatomy/palpation manual for massage and covers a variety of techniques for application as well. The construction of the book is high quality and built to last. Get this book You will not regret it. But you may regret the other massage books you purchased before this one.

After using the Trail guide and all its gadgets I thought I would not need another anatomy book. This book should be on the schools list of required texts. It really helped me with the details. I am so excited because I can finally break the body down into segments-if I may call it that- and learn and practice the proper techniques required for each. I am also able now to create cheat charts indicating attachments, origins and how they correlate with regards to appropriate treatment choices. This book gives me the confidence not only to work on my clients, but the ability to communicate with them confidently, honestly and Knowledgeably. Thanks again to the LWW Massage Therapy & Bodywork Team.

Purchasing this item helped me pass my national exams! I am now a licensed massage therapist! It points out the absolute necessary information and cuts out all of the extra confusing info that can bog down your brain!

This book is a much needed supplement to my school's text book. What I got from school was a couple pages of illustrations naming each muscle without really explaining how they worked and pretty much told us to 'have at it' with whatever tool we wanted without so much as a starting point (you would think a massage text book would have more about massaging). This book was GREAT. Real live pictures of actual people showing how the fibers run and what tools work well in those

areas. I wish I had this book from the very beginning of my school career.

Yes! I love this book! It is layed out really nicely! Well written! Great illustrations to clearly show everything! Great reference to quickly refresh your mind about muscles, or when learning them from scratch. I have been a LMT for 7 years and find this useful to quickly reference a muscle and potentially show a picture to a client for better understanding as well. So glad I bought! Thank you!

Im not taking any massage therapy course, so I am reading this to try and learn some techniques on my own. This book is really descriptive and gives plenty of techniques, visuals, and informative bits. I have has some previous experience with anatomy and physiology, so I am familiar with most of the terms. That being said, this may not be the best book for an introduction to massage therapy. Also, if you are at all able to use this book while practicing massage on someone, I would highly recommend it because it almost gives step by step instructions and you would be able to retain the material much better that way.

listed this book as a recommendation for me. I had no idea such a book existed. Every book I've studied or seen is in relation to a skeleton...George. This book is precise and straight to the point. No excess. It also lists additional, relevant structures to treat, and the muscle's referral patterns. This book is so much better than Biel's. Actually, the way Biel's book is set up, makes no sense to me at all. None. I really don't like it, but it was required. There is no comparision between the two. Biel's uses a skeleton with muscles layered over, and this book uses humans with flesh and subcutaneous layers. The muscles are drawn on top of it all. The book demonstrates how to palpate and treat anterior neck, which we know can be an unsafe zone. The price is great too. I really appreciate . I was feeling at a loss to locate specifics with precision. Wellness massage is wonderful and beneficial, but I don't do much of that kind of massage work. In treatment, it's not good enough to be in the general area. To be effective, I know I have to be on those muscles and the affected structures.

My wife loves this book and I enjoy her trying it out on me!!It's a simple step by step book teaching you where to press and where to drag weight to achieve the best massages possible!!

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